Ritual for Hera Thelkhiniai

21 Metageitnion

- **Ritual washing**
- **Ritual washing with invocation to Okeanos**
  
  Okeanos whose nature ever flows, from whom at first both Gods and men arose; sire incorruptible, whose waves surround, and earth’s all-terminating circle bound: hence every river, hence the spreading sea, and earth’s pure bubbling fountains spring from thee. Hear, mighty sire, for boundless bliss is thine, greatest cathartic of the powers divine: earth’s friendly limit, fountain of the pole, whose waves wide spreading and circumfluent roll. Approach benevolent, with placid mind, and be forever to thy mystics kind.

- **Purification – khernips (holy water) sprinkled from a bay branch – “Be gone all corruption and evil” (three times).**
  
  “Blessed Okeanos, may your bright waters purify this space, and prepare both me, and it, for the rites that are about to unfold.”

- **Euphemia sto, euphemia sto, eukhomai tois Theois pasi kai pasais. (Let there be words of good omen, Let there be words of good omen, pray to the Gods and Goddesses.)**

- **Who is present? Those attending answer: All good people!**

- **Lighting of the lamp for Hestia with invocation: Daughter of Kronos, You whose eternal flame illumines all our worship, come to this oikos with blessings . . .**

- **Lighting of the sacrificial fire**

- **Libation of honey sweet wine**

- **Homeric Hymn 24 to Hestia**

  To Hestia
  
  Hestia, you that tend the far-shooting lord Apollo’s sacred house at holy Pytho, from your locks the oozing oil ever drips down. Come to this house in kindly (?) heart, together with Zeus the resourceful, and bestow beauty on my singing.

  Translated by Martin L. West

- **Strewing of barley groats around the altar (circling clockwise three times)**

- **To Gaia**

  First of all, in my prayers, before all other Gods, I call upon the foremost prophetess Gaia.

  Aeschylus – Eumenides (opening lines)
Invocation to Gaia: Gaia, to you who nurtures us into being, who nurtures us through life, and who accepts us once again unto Thee, blessed Kourotrophos, I honor you with khernips . . .

Offering of khernips poured out

Orphic Hymn 26 To Earth

Ges

[Gaia Thea/], mother of men and of the blessed Gods,
you nourish all, you give all, you bring all to fruition, and you destroy all.
When the season is fair you are heavy with fruit and growing blossoms;
and, O multiform maiden, you are the seat of the immortal cosmos,
and in the pains of labor you bring forth fruit of all kinds.
Eternal, reverend, deep-bosomed, and blessed,
you delight in the sweet breath of grass, O Goddess bedecked with flowers.
Yours is the joy of the rain, and round you the intricate realm of the stars
revolves in endless and awesome flow.
But, O blessed Goddess, may you multiply the gladsome fruits
and, together with the beautiful seasons, grant me favor.

Translation by Apostolos N. Athanassakis

Invocations and prayers to Themis: To you who sits leaning against Zeus, who consults closely with Zeus, and who are the just order of all things . . .

Libation of honey sweet wine

Leap for goodly Themis

From the Hymn of the Kouretes

Incense: frankincense and aromatic herbs

Invocation to Hera: Goddess of beginnings, Goddess of marriages, Goddess of light, most holy and puissant Goddess Queen of Heaven who rules with Almighty Zeus, may your charm be forever with us, may your light guide us, may you give us healing peace . . .

Libation of honey sweet wine

Homeric Hymn 12 to Hera

To Hera

Of Hera I sing, the golden-throned, whom Rhea bore to be queen of the immortals, of supreme beauty, sister and wife of Zeus the loud-booming: glorious one, whom all of the blessed ones on long Olympus revere and honor no less than Zeus whose sport is the thunderbolt.

Translated by Martin L. West

Libations of honey sweet wine

Offering to Hera

Prayers: for guidance, understanding, and fulfillment . . .

Orphic Hymn 16 to Hera
To Hera

You lodge yourself in dark hollows, and your form is airy,  
O Hera, blessed queen of all, consort of Zeus.  
The soft breezes you send to mortals nourish the soul.  
O mother of rains, mother of the winds, you give birth to all.  
Life does not exist without you, growth does not exist without you.  
You are in everything, even in the air we venerate,  
you are queen, and you are mistress.  
You toss and turn when the rushing wind tosses and turns.  
O blessed goddess, many-named queen of all,  
May you come with kindness on your joyous face.

Translation by Apostolos N. Athanassakis (revised edition)

♦ Libation of honey sweet wine

“May blessings go with us, and may Hera inspire and guide us to accomplish good deeds and bring us favorable fortunes!”

Adapted from Aeschylus – Libation Bearers – Chorus

♦ Invocation to Hestia: Daughter of Kronos, You whose eternal flame illumines all our worship, we have honored You in first place with a libation of honey sweet wine and will honor you in last place with a libation of honey sweet wine:

♦ Homeric Hymn 29 to Hestia

To Hestia

Hestia, you that in the high dwellings of all, both immortal gods and men who walk on earth, have been assigned an everlasting seat as the privilege of seniority, and enjoy a fine honor and privilege, for mortals have no feasts without you where the libation-pourer does not begin by offering honey-sweet wine to Hestia in first place and last: and you, Argus-slayer, son of Zeus and Maia, messenger of the blessed ones, gold-wand, giver of blessings, be favorable and assist together with Hestia whom you love and revere. For both of you dwell in the fine houses of men on earth, in friendship towards each other, fine supports (of the house), and you attend intelligence and youth.

I salute you, daughter of Kronos, and you too, gold-wand Hermes. And I will take heed both for you and for other singing.

Translated by Martin L. West

♦ Libation of honey sweet wine to Hestia

“Blessed Hestia, Goddess of home and hearth, to you we offer last of all a libation of honey sweet wine, as pious mortals should. Tend to those whom we love and guard the houses of the pious. As the Gods will it, so shall it be!”
♦ Extinguishing of the lamp