



# Ritual for Kourotrophos § Hera § Zeus Teleios § Poseidon

27 Gamelion

- ◆ **Ritual washing**
- ◆ **Ritual washing with invocation to Okeanos**

Okeanos whose nature ever flows, from whom at first both Gods and men arose; sire incorruptible, whose waves surround, and earth's all-terminating circle bound: hence every river, hence the spreading sea, and earth's pure bubbling fountains spring from thee. Hear, mighty sire, for boundless bliss is thine, greatest cathartic of the powers divine: earth's friendly limit, fountain of the pole, whose waves wide spreading and circumfluent roll. Approach benevolent, with placid mind, and be forever to thy mystics kind.

- ◆ **Purification – kernips (holy water) sprinkled from a bay branch – “Be gone all corruption and evil” (three times).**

“Blessed Okeanos, may your bright waters purify this space, and prepare both me, and it, for the rites that are about to unfold.”

- ◆ **Euphemia sto, euphemia sto, eukhomai tois Theois pasi kai pasais.**  
(Let there be words of good omen, Let there be words of good omen, pray to the Gods and Goddesses.)
- ◆ **Who is present? Those attending answer: All good people!**
- ◆ **Lighting of the lamp for Hestia with invocation: Daughter of Kronos, You whose eternal flame illumines all our worship, come to this oikos with blessings . . .**
- ◆ **Lighting of the sacrificial fire**
- ◆ **Libation of honey sweet wine**
- ◆ **Homeric Hymn 24 to Hestia**

## To Hestia

Hestia, you that tend the far-shooting lord Apollo's sacred house at holy Pytho, from your locks the oozing oil ever drips down. Come to this house in kindly (?) heart, together with Zeus the resourceful, and bestow beauty on my singing.

Translated by Martin L. West

- ◆ **Strewing of barley groats around the altar (circling clockwise three times)**
- ◆ **To Gaia**

First of all, in my prayers, before all other Gods, I call upon the foremost prophetess Gaia.

Aeschylus – Eumenides (opening lines)

- ◆ **Invocation to Gaia: Gaia, to you who nurtures us into being, who nurtures us through life, and who accepts us once again unto Thee, blessed Kourotrophos, I honor you with khernips . . . .**
- ◆ **Offering of khernips poured out**
- ◆ **Orphic Hymn 26 To Earth**

### Ges

[Gaia Thea/], mother of men and of the blessed Gods,  
 you nourish all, you give all, you bring all to fruition, and you destroy all.  
 When the season is fair you are heavy with fruit and growing blossoms;  
 and, O multiform maiden, you are the seat of the immortal cosmos,  
 and in the pains of labor you bring forth fruit of all kinds.  
 Eternal, reverend, deep-bosomed, and blessed,  
 you delight in the sweet breath of grass, O Goddess bedecked with flowers.  
 Yours is the joy of the rain, and round you the intricate realm of the stars  
 revolves in endless and awesome flow.  
 But, O blessed Goddess, may you multiply the gladsome fruits  
 and, together with the beautiful seasons, grant me favor.

Translation by Apostolos N. Athanassakis

- ◆ **Invocations and prayers to Themis: To you who sits leaning against Zeus, who consults closely with Zeus, and who are the just order of all things . . . .**
- ◆ **Libation of honey sweet wine**

Leap for goodly Themis

From the Hymn of the Kouretes

- ◆ **Incense: frankincense or myrrh**
- ◆ **Invocation to Kourotrophos: Blessed Kourotrophos who nurtures our children, guards and protects them, and brings wellbeing . . . .**
- ◆ **Libation of honey sweet wine**
- ◆ **Offering to Kourotrophos**
- ◆ **Prayers for our children, their guidance and wellbeing . . . .**

- ◆ **Incense: frankincense**
- ◆ **Invocation to Hera Teleia: Khaire Hera, Goddess of beginnings, Goddess of marriages, and Goddess of light, most puissant Goddess, Queen of Heaven . . . .**
- ◆ **Libation of honey sweet wine**
- ◆ **Homeric Hymn 12 To Hera**

### To Hera

Of Hera I sing, the golden-throned, whom Rhea bore to be  
 queen of the immortals, of supreme beauty, sister and wife  
 of Zeus the loud-booming; glorious one, whom all of the  
 blessed ones on long Olympus revere and honor no less  
 than Zeus whose sport is the thunderbolt.

Translated by Martin L. West

- ◆ **Incense: aromatic herbs**
- ◆ **Libation of honey sweet wine**
- ◆ **Offering**
- ◆ **Orphic Hymn 16 To Hera**

### **To Hera**

You lodge yourself in dark hollows, and your form is airy,  
O Hera, blessed Queen of all, consort of Zeus.  
The soft breezes you send to mortals nourish the soul,  
O mother of rains, mother of the winds, you give birth to all.  
Life does not exist without you, growth does not exist without you.  
You are in everything, and, even in the air we venerate,  
you are queen, and you are mistress.  
You toss and turn when the rushing wind tosses and turns.  
O blessed goddess, many-named queen of all,  
may you come with kindness on your joyous face.

Translation by Apostolos N. Athanassakis (revised edition)

- ◆ **Incense: frankincense or myrrh**
- ◆ **Invocation to Zeus Teleios: Khaire Zeus, Son of Kronos, King of All, to you who rules with Hera Queen of Heaven . . . .**
- ◆ **Libation of honey sweet wine**
- ◆ **Homeric Hymn 23 To Zeus**

### **To Zeus**

Of Zeus, best and greatest of the gods, I will sing, the  
wide-sounding ruler, the one that brings to fulfillment,  
who consults closely with Themis as she sits leaning  
against him.  
Be favorable, wide-sounding son of Kronos, greatest  
and most glorious.

Translated by Martin L. West

- ◆ **Prayer to the Agathos Daimon**

May I have every grace,  
all accomplishment,  
for with Thee is the bringer of good,  
the messenger standing by the side of Tyche.

Magic Papyri - Poimandres

- ◆ **Libation of honey sweet wine**
- ◆ **Offering**
- ◆ **Orphic Hymn 15 To Zeus**

## To Zeus

Much-honored Zeus, great god, indestructible Zeus,  
we lay before you in prayer redeeming testimony.  
O king, you have brought to light divine works –  
earth, goddess and mother, the hills swept by the shrill winds,  
the sea, and the host of the stars, marshaled by the sky.  
Kronian Zeus, strong-spirited god, the thunderbolt is your scepter,  
father of all, beginning and end of all,  
earth-shaker, increaser and purifier, all-shaker,  
god of thunder and lightning, Zeus the sower.  
Hear me, god of many faces, grant me unblemished health,  
please grant me divine peace and riches, please grant me glory without blame.

Translation by Apostolos N. Athanassakis (revised edition)

- ◆ **Prayers (for blessings, protection, family, and those in need, etc.)**
  
- ◆ **Incense: myrrh**
- ◆ **Invocation to Poseidon: Khaire Poseidon, Lord of the depth of the sea, Holder of the Earth, and Savior of ships; Great progenitor, grant us healthy and loving children who will come to honor the Gods and Goddesses. . . .**
- ◆ **Libation of honey sweet wine**
- ◆ **Homeric Hymn 22 To Poseidon**

### To Poseidon

I begin to sing about Poseidon, the great god, mover of the earth  
and fruitless sea, god of the deep who is also lord of Helicon and wide Aegae.  
A two-fold office the gods allotted you, O Shaker of the Earth, to be a tamer of horses  
and a savior of ships!  
Hail, Poseidon, Holder of the Earth, dark-haired lord! O blessed one,  
be kindly in heart and help those who voyage in ships!

Translated by Hugh G. Evans-White

- ◆ **Libation of honey sweet wine**
- ◆ **Offering**
- ◆ **Orphic Hymn 17 To Poseidon**

### To Poseidon

Hearken, dark-maned Poseidon, holder of the earth,  
equestrian; carved in bronze is the trident in your hand,  
and you dwell in the foundations of the full-bosomed sea.  
Deep-roaring ruler of the sea and shaker of the earth,  
your blossoms are waves, O gracious one, as you urge horses and chariot on,  
rushing on the sea and splashing through the rippling brine.  
To your lot fell the third portion, the unfathomable sea,  
and you delight in waves and in their wild dwellers, O spirit of the deep.  
Save the foundations of the earth and ships moving at full tilt,  
and bring peace, health and blameless prosperity.

Translation by Apostolos N. Athanassakis

◆ **Libation of honey sweet wine**

“May blessings go with us, may Kourotrophos guard and guide our children, may Hera and Zeus Teleios watch benevolently over us, and may the great progenitor Poseidon grant us healthy and loving children!”

Adapted from Aeschylus – Libation Bearers – Chorus

- ◆ **Invocation to Hestia: Daughter of Kronos, You whose eternal flame illumines all our worship, we have honored You in first place with a libation of honey sweet wine and will honor you in last place with a libation of honey sweet wine:**
- ◆ **Homeric Hymn 29 to Hestia**

**To Hestia**

Hestia, you that in the high dwellings of all, both immortal gods and men who walk on earth, have been assigned an everlasting seat as the privilege of seniority, and enjoy a fine honor and privilege, for mortals have no feasts without you where the libation-pourer does not begin by offering honey-sweet wine to Hestia in first place and last: and you, Argus-slayer, son of Zeus and Maia, messenger of the blessed ones, gold-wand, giver of blessings, be favorable and assist together with Hestia whom you love and revere. For both of you dwell in the fine houses of men on earth, in friendship towards each other, fine supports (of the house), and you attend intelligence and youth.

I salute you, daughter of Kronos, and you too, gold-wand Hermes. And I will take heed both for you and for other singing.

Translated by Martin L. West

◆ **Libation of honey sweet wine to Hestia**

“Blessed Hestia, Goddess of home and hearth, to you we offer last of all a libation of honey sweet wine, as pious mortals should. Tend to those whom we love and guard the houses of the pious. As the Gods will it, so shall it be!”

◆ **Extinguishing of the lamp**